



START LIST

400m Women - Semi-Final

First 4 of each heat (Q) qualify to Final

RECORDS	RESULT	NAME	AGE	VENUE	DATE
World Record WR	47.60	Marita KOCH	GDR 28	Canberra (AUS)	6 Oct 1985
World Leading WL	48.48	Marileidy PAULINO	DOM 30	Paris (FRA)	28 Jun 2026

Heat 1

2

11 September 2026 19:38 START TIME

LANE	BIB	NAME	DATE of BIRTH	PERSONAL BEST	SEASON BEST	WORLD RANKING
2	559	Alexis HOLMES	USA 28 Jan 00	49.77	50.36	20
3	471	Sharlene MAWDSLEY	IRL 10 Aug 98	50.06	50.06	16
4	518	Ella ONOJUWVEWVO	NGR 25 Mar 05	49.47	49.47	15
5	424	Roxana GÓMEZ	CUB 7 Jan 99	49.48	49.99	8
6	430	Marileidy PAULINO	DOM 25 Oct 96	47.98	48.48	1
7	487	Nickisha PRYCE	JAM 7 Mar 01	48.57	49.27	4
8	416	Salwa Eid NASER	BRN 23 May 98	48.14	49.27	5
9	455	Yemi Mary JOHN	GBR 3 May 03	49.85	49.85	13

Heat 2

2

11 September 2026 19:48 START TIME

LANE	BIB	NAME	DATE of BIRTH	PERSONAL BEST	SEASON BEST	WORLD RANKING
2	502	Mercy Adongo OKETCH	KEN 30 Jul 02	50.14	50.17	18
3	421	Martina WEIL	CHI 12 Jul 99	49.72	50.39	17
4	509	Lieke KLAVER	NED 20 Aug 98	49.58	49.58	11
5	528	Natalia BUKOWIECKA	POL 17 Jan 98	48.90	49.57	3
6	428	Lurdes Gloria MANUEL	CZE 12 Jul 05	49.37	49.37	6
7	553	Aaliyah BUTLER	USA 5 Nov 03	48.84	48.84	7
8	522	Henriette JÆGER	NOR 30 Jun 03	49.04	49.04	2
9	497	Stacey Ann WILLIAMS	JAM 8 Mar 99	49.48	49.48	10

World Ranking as of 1 September 2026

i = Indoor performance

ALL-TIME TOP LIST				2026 TOP LIST			
RESULT	NAME	VENUE	DATE	RESULT	NAME	VENUE	2026
47.60	Marita KOCH (GDR)	Canberra (AUS)	6 Oct 85	48.48	Marileidy PAULINO (DOM)	Paris (FRA)	28 Jun
47.78	Sydney MCLAUGHLIN-LEVRONE (USA)	Tokyo (JPN)	18 Sep 25	48.79	Dejanea OAKLEY (JAM)	Eugene, OR (USA)	13 Jun
47.98	Marileidy PAULINO (DOM)	Tokyo (JPN)	18 Sep 25	48.84	Aaliyah BUTLER (USA)	Monaco (MON)	10 Jul
47.99	Jarmila KRATOCHVÍLOVÁ (TCH)	Helsinki (FIN)	10 Aug 83	48.97	Madison WHYTE (USA)	Eugene, OR (USA)	13 Jun
48.14	Salwa Eid NASER (BRN)	Doha (QAT)	3 Oct 19	49.04	Henriette JÆGER (NOR)	Birmingham (GBR)	15 Aug
48.25	Marie-José PÉREC (FRA)	Atlanta, GA (USA)	29 Jul 96	49.27	Nickisha PRYCE (JAM)	Brescia (ITA)	30 Aug
48.27	Olga BRYZGINA (URS)	Canberra (AUS)	6 Oct 85	49.27	Salwa Eid NASER (BRN)	Brescia (ITA)	30 Aug
48.36	Shaunae MILLER-UIBO (BAH)	Tokyo (JPN)	6 Aug 21	49.37	Lurdes Gloria MANUEL (CZE)	Paris (FRA)	28 Jun
48.57	Nickisha PRYCE (JAM)	London (GBR)	20 Jul 24	49.47	Ella ONOJUWVEWVO (NGR)	College Station, TX (USA)	6 Jun
48.59	Tatána KOCEMBOVÁ (TCH)	Helsinki (FIN)	10 Aug 83	49.48	Stacey Ann WILLIAMS (JAM)	Zagreb (CRO)	26 Jun